

Varicose veins

Don't wait for treatment



Adena Heart and
Vascular Institute

If addressed early, varicose veins may be treatable with a combination of exercise, compression stockings and leg elevation or through one of several treatment options available at Adena. Waiting means increasing pain and discomfort and the risk of ulcers, blood clots or other chronic conditions forming.



Leg pain



Swelling



Aching or heaviness



Enlarged, visible veins

If you are seeing signs that varicose veins have formed, ask your primary care provider for an evaluation or call **740-779-4360** to request a vein screening and learn more.