



# Ache, Pain or Pull? Visit our Express Clinic.

Whether on the job or on the field, the Express Clinic at Adena Orthopedic and Spine Institute has you covered. No appointment necessary.

A sudden injury or new pain does not have to be an inconvenience to your busy schedule. Our Express Clinic provides treatment and support so you can get back to doing what you love.

**Services include:**

- Recent bone, joint or muscle injury
- Broken bones (excluding hip and face)
- Sprains and strains
- Injured, painful or swollen joints (including arthritis flare-up)
- Sports related injuries and concussions
- Acute back and neck pain
- Finger dislocations

**Monday-Friday | 8 a.m. – 3 p.m.**

Adena Orthopedic and Spine Institute

272 Hospital Road, 3rd Floor, Chillicothe, Ohio

Call 740-779-4598 or  
scan here for more information.

